

Internal CE Application

The Alaska Psychological Association is approved by the American Psychological Association to sponsor continuing education for psychologists. The Alaska Psychological Association maintains responsibility for this program and its content.

All program proposals must meet the following basic criteria:

- Courses must be pertinent to the theory, practice, and methodology of psychology;
- Must be taught at the post-doctoral level (adding to diversity and knowledge appropriate to professional practice in psychology);
- Must enable a psychologist to provide better psychological care to the consumer; and
- Must clearly demonstrate on the application and/or accompanying materials how the course meets the above requirements. All proposal packets submitted for review must have all application items answered and include all required attachments as set forth in this document.

Email *

janet.orwig@psypact.gov

Date of Application *

MM DD YYYY

07 / 15 / 2026

Primary Contact *

Janet Orwig

Individual or Organization requesting approval **(Type in AK-PA Sponsored if AK-PA is presenting this workshop).*

PSYPACT

Mailing address *

210 Market Road, Tyrone, GA 30290

Telephone *

404-528-3991

Date of Program *

MM DD YYYY

10 / 16 / 2026

Title of Program *

PSYPACT Explained: An Overview of the Psychology Interjurisdictional Compact

Location of Event *

Webinar

Target Audience *

psychologists

Presenter/Faculty Names *

(Designate primary presenter if more than one.)

Janet Orwig, MBA, CAE

Section 2**Presenter Bio(s) ***

50-word bio per presenter that outlines the presenter's expertise and experience in the content area being presented.

Note: Do not refer to an attached CV. While you will be required to attach a CV to this application, the information here should provide a specific rationale as to the presenter's expertise in teaching the proposed content to doctoral psychologists.

Janet Orwig, MBA, CAE, has served as PSYPACT's Executive Director since 2015, overseeing operations and regulatory compliance for cross-border telepsychology and temporary in-person practice. She holds a bachelor's degree and a Paralegal Certificate from Huntingdon College, an MBA from the University of Phoenix, and the Certified Association Executive credential.

Credit Hours of CE Requested *

1 hr = 1 CE

3

Section 3

Are you applying for Ethics CE designation? *

Ethics CE credit must highlight or emphasize ethical aspects, cite the specific APA Principles, and delineate which sections of the APA Code of Ethics are being discussed.

☐ Yes

☒ No

Section 3

If you answered "Yes", please indicate how/why this course specifically focuses on ethical, legal, statutory or regulatory policies, guidelines, and standards that impact psychological practice, education, or research.

Section 4

Is this a suicide prevention training? *

☐ Yes

☒ No

Describe how doctoral-level psychologists (Ph.D., Psy.D., Ed.D.) have specifically contributed to the development of this CE event. *

APA and AK-PA require inclusion of direct input of psychologists in all phases of the decision-making and program-planning process for the activities offered to psychologists for CE credit.

(Type in AK-PA Sponsored if AK-PA is presenting this workshop).

This presentation has been refined based on feedback from psychologists and as well as updated to include resources created by psychologists.

Degree of Content Sophistication *

(All must be at post-doctoral level). In general, there are no concrete rules regarding labeling the content of CE programs as introductory, intermediate, or advanced. It is important for applicants to evaluate the level of their programming effectively so the learner understands the level at which information will be presented and for the applicant to develop learning objectives that are consistent with that level.

[View APA's definitions of programming levels here](#)

(select all that apply)

☒ **Introductory**

☐ Intermediate

☐ Advanced

During the CE session, how will you disclose to participants the accuracy and utility of the materials being presented, the basis of such statements, the limitations of the content being taught, and the severe and most common risks associated with implementation of these materials? *

A disclosure of my role will be done at the beginning of the session. Any resources used will be cited and attendees will be instructed to review all resources for accuracy to their situation .

Describe Method(s) of Instruction *

(select all that apply)

**Lecture**

Demonstration



Video/DVD



Role Play



Small Group Discussion



Other Discussion Throughout the Workshop



Other:

Please describe how participation in this educational offering will directly benefit the intended client population. *For example, a workshop on anxiety disorders in children may help psychologists better understand how to more effectively diagnose and treat anxiety disorders in pediatric populations.*

*

The presentation will help psychologists prepare for PSYPACT's implementation in their jurisdiction.

APA is not requiring this question during the current administration.

Diversity Commitment: The Alaska Psychological Association encourages the participation of all psychologists and affiliates inclusive of age, creed, race, ethnic background, gender, socio-economic status, region of residence, physical or mental status, political beliefs, religious or spiritual affiliation, and sexual or affectional orientation. To this end, AK-PA commits to multiculturalism. AK-PA membership comprises a diverse group of psychologists who express psychological expertise in a variety of settings. Despite our best intentions, AK-PA members also recognize that we may hold unintentional attitudes and beliefs that influence our perceptions of and interactions with others. We are committed to increasing our knowledge of, our awareness of, and our dedication to all aspects of diversity and the unique qualities of different cultures and backgrounds. We are also dedicated to increasing inclusion among all our constituents and to reflect this in the leadership positions within our organization. AK-PA aspires to increase consciousness about aspects of diversity previously unacknowledged in both our organizational and larger dominant culture. It is in this spirit that we are committed to collaborating with members of varying marginalized groups to identify and oppose all forms of prejudice as we seek to promote diversity in our society. To this end, we are dedicated to increasing our cultural humility and effectiveness as educators, researchers, consultants, administrators, policy makers, and practitioners.

Diversity and sociocultural variables:

- Ability/Disability
- Age
- Culture (e.g., language, rituals/traditions, values)
- Education
- Faith/religious background
- Gender identity
- Immigration status
- National origin
- Sexual identity
- Socioeconomic status
- Race, ethnicity
- Other

Please provide three concrete examples of how your workshop will discuss/explore diversity and sociocultural variables (examples given in the list above) by examining impacts on clients, psychologists, populations served, and/or the therapeutic/consulting process. Limitations to the current body of knowledge with regards to diversity may also be discussed ([see appendices for definitions and examples](#)).

Section 5

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Will you (or your co-presenters) be supported financially by a manufacturer or any commercial product?

☐ Yes

☒ No

Section 5

*

Please explain the support, as well as the way you plan to disclose it to workshop participants.

Question N/A

Section 6

*

Will you gain financially (beyond honoraria received) by the sale of any product of publication as a result of this workshop? *While the workshops are not to be used as opportunities for commercial advancement, it is not necessarily inappropriate for you to obtain some indirect financial benefit from presenting your workshop e.g. royalties. It is important, however, that you disclose this information.*

☐ Yes

☒ No

Section 6

Please explain the financial gain, as well as the way you plan to disclose it to workshop participants. *

Question N/A

Section 7

AI Usage - Has AI been Used for Any Part of the Presentation? *

☒ Yes

☐ No

Section 7

If Yes, Please Confirm You Have Read and are In Compliance with APA CEC Interim Code of Conduct on Generative AI. *

Link to Code: <https://www.apa.org/ed/sponsor/resources/continuing-education-policy-generative-ai.pdf>

☒ I have read and am in compliance

Section 8

Are you presenting information about your practice or your research? *

☐ Yes

☒ No

Section 8

Please explain what information about your practice or your research you are presenting *

Question N/A

Has privacy been safeguarded? *

(e.g. disguise of identities in videotapes of case histories, etc.)

Question N/A

☐ Yes

☐ No

Have you obtained the appropriate consent? *

Question N/A

☐ Yes

☐ No

Have you ensured the security of tests and proprietary information used in this research/practice? *

Question N/A

☐ Yes

☐ No

☐ Not Applicable—the presenters will not discuss tests or proprietary information.

Section 9

Has any of the research to be presented been funded by external sources (e.g. university, industry)? *

☐ Yes

☒ No

Section 9

Please list by who and explain how you plan to disclose this information to workshop participants. *

Question N/A

Section 10

Describe the plan for documentation of registration and evaluation. Accomplishment of each objective must be evaluated, as well as participant's overall satisfaction with the workshop. The standard AK-PA forms are located in the CE Toolkit (Type in AK-PA Sponsored if AK-PA is presenting this workshop). *

AK-PA sponsored

Describe the plan for evaluating and ensuring the accessibility of this course, including registration, learning assessment, materials, and facilities. *

This should include the manner in which promotional materials are supplied to psychologists with disabilities, and your organization's process for making the facility and instructional methods accessible to psychologists with disabilities. If needed, contact AK-PA for technical assistance.

(Type in AK-PA Sponsored if AK-PA is presenting this workshop).

AK-PA sponsored

How will you directly assess participant learning? *

Some possible options of assessing learning are: 1) informal discussions between instructor(s) and participants, 2) questions and answer sessions at the end of a program or 3) post-tests, etc.

Note: Although post-tests are not required, if you choose to use them, they must include a minimum of 6-8 questions for each CE credit.

Informal discussions and questions and
Answers

Section 11

Attach the following items:

Complete CVs for all presenters. *If experience teaching/training in the proposed content area is not clearly obvious on each presenter's CV, please also submit a brief explanation of the presenter's background relative to the proposed content area(s).*

Presentation slides and handouts (if available)**A course syllabus that includes the following:**

1. **An event description and goal statement.** *This abstract provides an overview and intent of the workshop, delineating how the course addresses the theory, practice, and methodology pertaining to your topic. The statement should be specifically relevant to psychologists and reflect keeping psychologists current and maintaining and/or increasing competencies in the subject area, and extending knowledge beyond a pre-doctoral level of training.*
2. **A list of learning objectives (at least one objective for each hour of the presentation).** *Learning objectives must be observable and measurable, and they must clearly identify what the participant will know or be able to do as a result of having attended the program. The words, "Participants will be able to..." is a good way to start a learning objective. Good learning objectives typically convey how they will be observed/measured through use of words such that participants will be able to "describe," "list," and "explain," etc. Do not use vague verbs such as "understand" or "learn."*

[View APA's Guide for Writing Learning](#)

[Objectives](#)

3. **An outline of curriculum content.(Time Outline): This outline should show:**
 - Timeline of workshop topics and activities that explains the educational content for each time block and identifies exactly what will be covered in the presentation and how much time will be spent on each item, including breaks.
 - A description of instructional methods (e.g., lecture, demonstration, video/DVD, role play, small group discussion) specific to each time block or content area.
 - If more than 1 presenter is involved, please indicate a primary presenter for each portion of the outline.
4. **A reference list of academic/peer reviewed resources that are included in the presentation.** The list must contain a minimum of 3 references that have been published within the past 10 years. Additional references (beyond the 3 required) may be older than 10 years of the date of application. This list should adhere to APA Style guidelines (<https://www.apastyle.org/>)

For On Demand Webinars, please submit of 6-8 questions for each CE credit.

 Add file

Complete CVs for all presenters *

J Orwig Vita PSY...



Add file

Complete CVs for all presenters

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Add file

A Course Syllabus.

*

See above for what a course syllabus includes

PSYPACT Learn...



Add file

Presentation slides and handouts (if available)

Add file

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