

Expanding Rural Access to Care: Unlocking the Power of PSYPACT

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PSYPACT

March 4, 2026

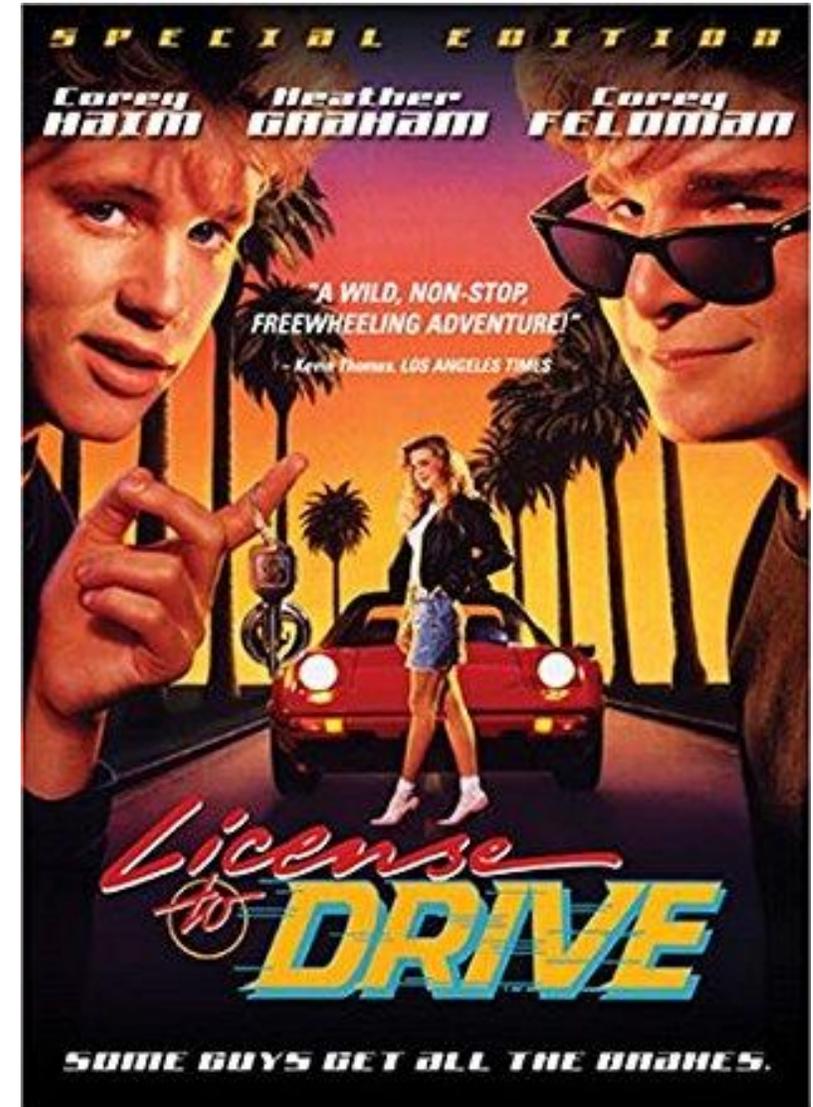
What is an Interstate Compact?

- Legislatively enacted contract among states

Les, that license in your wallet, that's not an ordinary piece of paper, that's a driver's license... a license to go wherever, whenever and with whomever you choose.

Drivers License Compact:
Best Known Compact

License to Drive, 1988



Few Facts about an Interstate Compact

- Simple, versatile, and proven tool
- Effective means to address common problems
- Contract between states
- Responds to national priorities with one voice
- Retains collective state sovereignty over issues belonging to the states
- Assist states in developing and enforcing standards while providing a structure that can evolve to meet new and increased demands as needed.

Is there more to know about compacts?

- There are over 270 active compacts
- Each state has enacted between **20-80** compacts
- Compacts used for:
 - Borders and Land/Water Administration
 - Transportation
 - Other
- There are now 21 Occupational Licensure Compacts with 426 enactments, and 53 of those occurred in 2025
- Professions with Interstate Compacts for Occupational Licensure (www.licensureproject.org)

What is an Occupational Licensure Compact

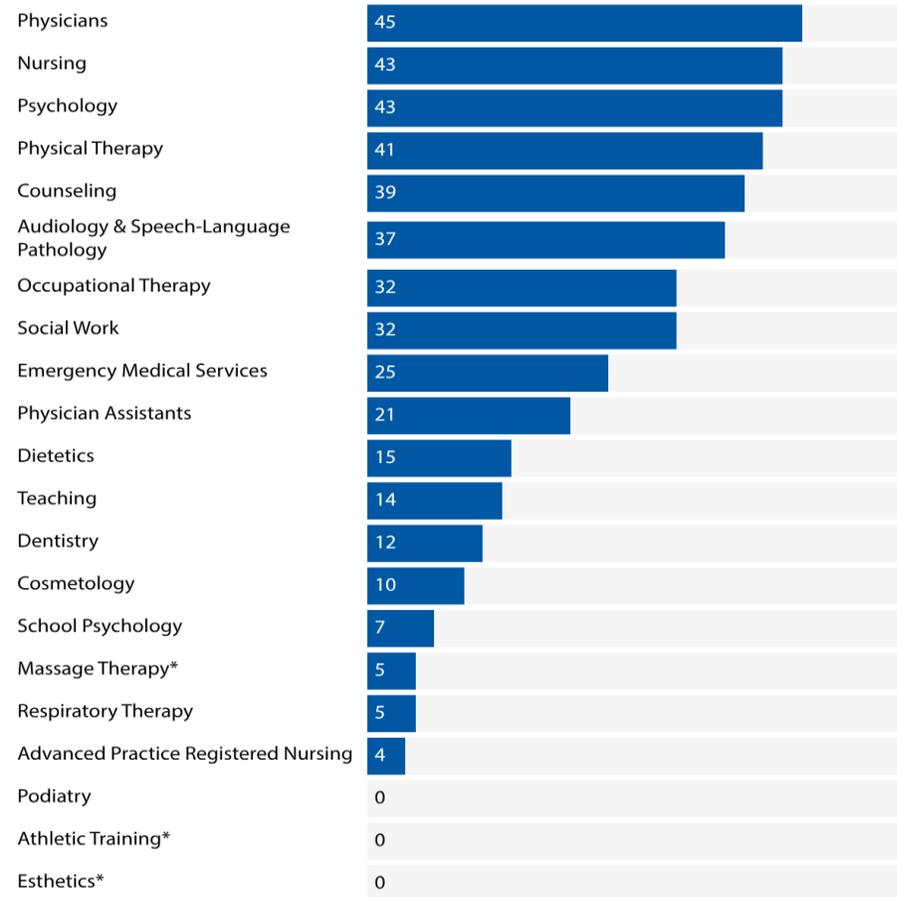
- An interstate compact among states to improve workforce mobility for licensed professionals
- States joining the compact agree to the compact uniform criteria by which qualified practitioners from a member state may utilize the compact pathway to practice
- The compact pathway to practice streamlines the process compared to the traditional licensure model
- Occupational licensure compacts are developed uniquely for a particular profession, or set of closely related professions

Policy Advantages of Licensure Compacts

- Two-way reciprocity among participating states
- Compliance standards among states ensures enforceability of provisions
- Does not supplant existing pathways and scopes of practice
- Voluntary for states to join and for practitioners to use

Occupational Licensure Compact Enactment Totals

Updated February 23, 2026



56

*2026 is the first full year for compact adoption

So, What is an Interstate Compact Commission

- What it is:
 - It's a *body politic*
 - It's an *instrumentality of the state governments* which join the compact
 - It has rulemaking authority, and its rules have the effect of law in the member states
 - It is, therefore, a multi-state governmental rulemaking body
- What it is not:
 - It's **not** a nonprofit corporation
 - It's **not** a private "membership" organization
 - It's **not** a professional association

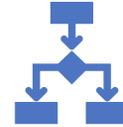
What is PSYPACT?

- Psychology Interjurisdictional Compact
- Interstate Compact
- Designed to regulate telepsychology & temporary in-person, face-to-face practice of psychology
- Focuses on psychology and psychologist

What are the benefits of PSYPACT?



Increases
client/patient
access to care



Facilitates
continuity of care
when
client/patient
relocates, etc.



Ability to readily
know legal
requirements

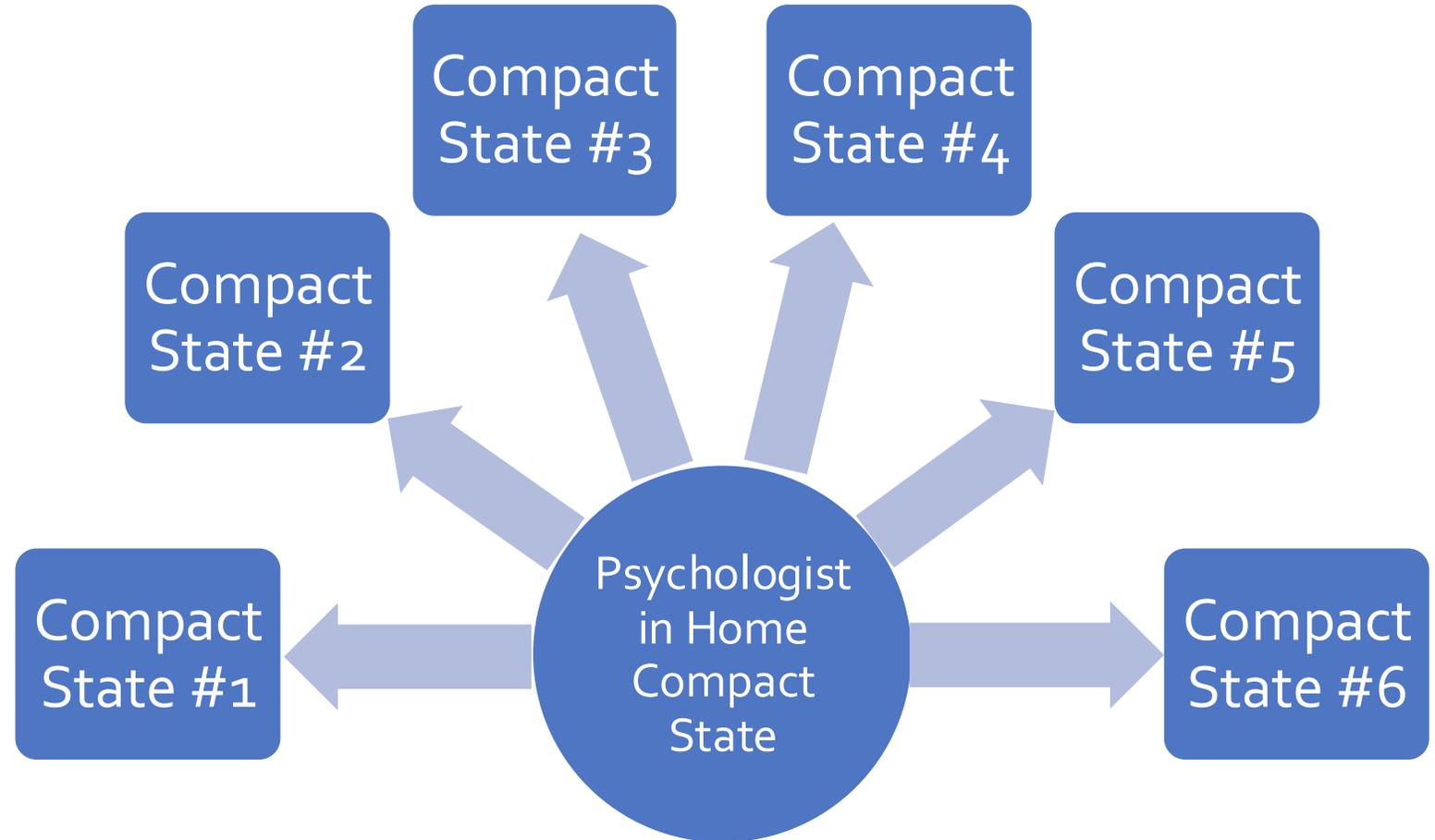


Promotes
cooperation
across PSYPACT
states in the area
of licensure and
regulation



Offers a higher
degree of
consumer
protection across
state lines

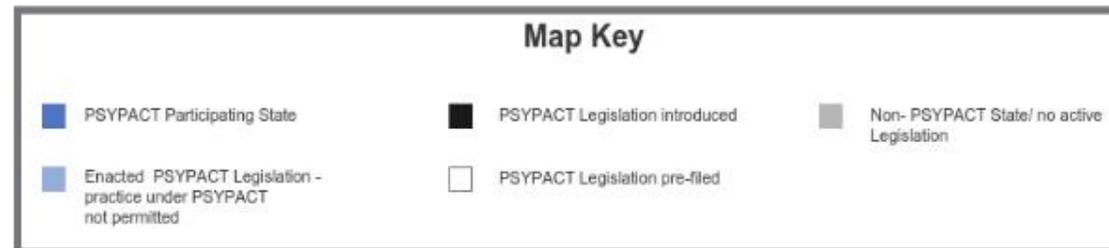
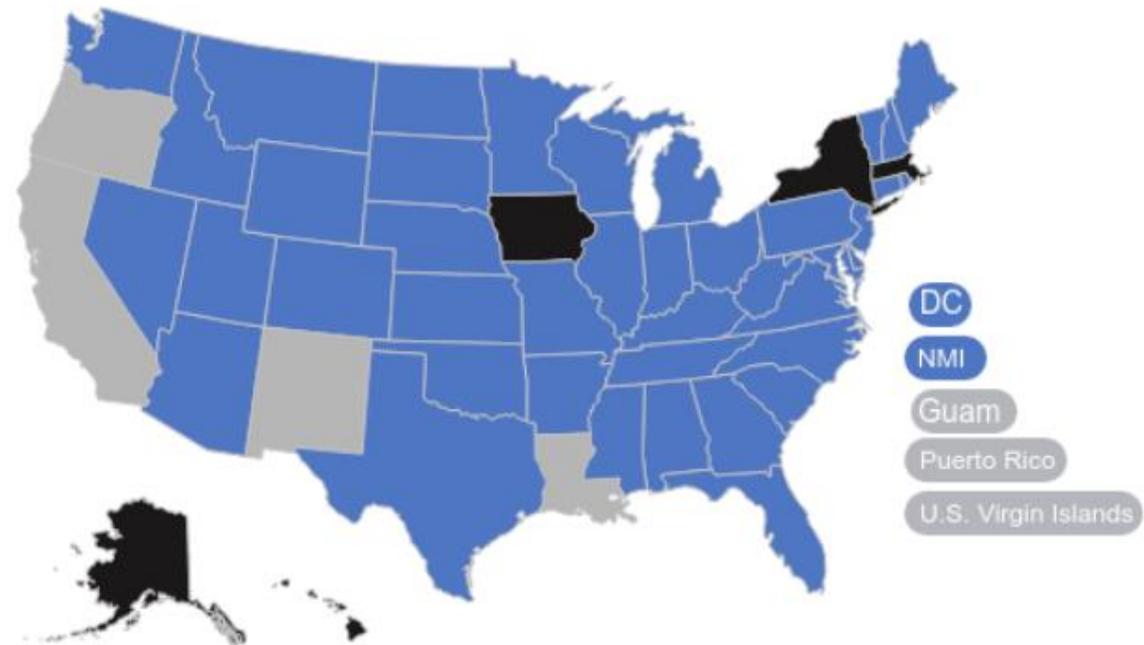
How does
telepsychology
practice work
under
PSYPACT?



Current PSYPACT Status

For the most up-to-date list, please visit the PSYPACT website:

<https://psypact.org/page/psypactmap>



PSYPACT® PARTICIPATING STATES (43 ENACTED, 43 EFFECTIVE)

How many
active
Authorization
Holders are
there?

As of February 23, 2026:

- Authority to Practice Interjurisdictional Telepsychology (APIT): 16,074
- Temporary Authorization to Practice (TAP): 930

Value to Stakeholders

- **For Licensing Boards:** PSYPACT is beneficial to Texas because it functions as a licensure mobility tool that allows qualified psychologists from other PSYPACT states to deliver services to Texans, helping alleviate the state's mental health workforce shortage. Importantly, PSYPACT expands access to care without growing the administrative state or lowering professional standards, as participating psychologists must meet uniform licensure requirements that preserve the quality of behavioral health services available to Texans.
- **For Practitioners:** "I am so glad that I joined PSYPACT - it has been wonderful for my practice. Not only do I receive regular referrals from the PSYPACT Directory, but I can also provide continuity of care for clients who live and work, or go to school, in different states. PSYPACT has increased my practice visibility and mobility!"

How is PSYPACT being Used?

https://cdn.ymaws.com/psypact.gov/resource/resmgr/renewal_data/2025/renewal_data_2025.pdf

How is PSYPACT being used?

January - December 2025

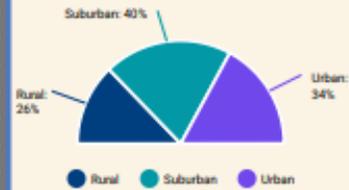
What states/jurisdictions are APIT Holders providing telepsychology into?

Jurisdiction	# of APIT Holders	Jurisdiction	# of APIT Holders
AL	382	ND	66
AR	205	NE	151
AZ	661	NH	290
CA	997	NJ	1137
CT	547	NM	3
DC	995	NV	312
DE	410	OH	713
FL	1519	OK	257
GA	868	PA	1205
ID	222	RI	199
IL	3074	SC	477
IN	563	SD	52
KS	232	TN	561
KY	394	TX	1121
MD	1104	UT	326
ME	323	VA	1225
MI	624	VT	168
MN	455	WA	695
MO	426	WI	529
MS	126	WV	232
MT	23	WY	117
NC	995		

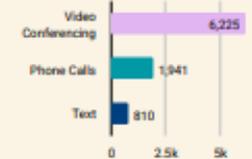
Used Authorization vs Have Not



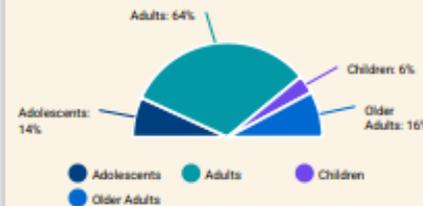
Location



Method of Practice



Patient Ages



of patients seen under PSYPACT



Does
PSYPACT
make sense
financially?

- Fees:
 - Application: \$440 for E.Passport/APIT - \$240 for IPC/TAP
 - Renewal: \$120 for E.Passport/APIT - \$70 for IPC/TAP
- Psychology Board Licensing Fees (www.asppbcentre.org):
 - Average: \$346 Initial Application Fee
 - Average: \$315 License Renewal Fee

Examples of the PSYPACT Digital Badges

- Virtual representation that an individual has been granted an authorization to practice by the PSYPACT Commission
- Verifiable & have built in security measures
- Only active Authorization Holders will be issued a digital badge
- Shareable on social media, websites, and signature blocks

Temporary Authorization to Practice
(TAP®)



Authority to Practice
Interjurisdictional Telepsychology
(APIT®)





Verification of PSYPACT Authorizations

PSYPACT is an interstate compact that allows psychologists authorized by the PSYPACT Commission to practice telepsychology and/or practice temporarily into other PSYPACT participating states. To practice telepsychology under the authority of PSYPACT, a psychologist must have an active Authority to Practice Interjurisdictional Telepsychology (APIT) granted from the PSYPACT Commission. To practice temporarily under the authority of PSYPACT, a psychologist must have an active Temporary Authorization to Practice (TAP) granted from the PSYPACT Commission. The PSYPACT Commission provides online primary source verification of these authorizations. To view all psychologists holding a current APIT or TAP, use the search by method below to get started. If you have any questions or need any additional information for PSYPACT verifications, contact us at info@psypact.org.

Search by:

Show entries

Psychologist Name

▲ **States where Licensed***

Expiration Date

◆ **Mobility Number** ◆

Choose option to load data

Can my authorization be verified? verifypsypact.org

NEW Spotlight Directory

Is There a Directory for Authorization Holders?
<https://psypact.gov/page/Directory>



Contact Us



ABOUT COMMISSION PSYPACTMAP AUTHORIZATION TO PRACTICE VERIFY LEGISLATIVE RESOURCES SIGN IN

PSYPACT Directory

16,256 Directory Members



Need help navigating the directory?
Check out our tutorial on YouTube!



Search by...



Profile Name



Default (Most completed)

Viewing 1-20 of 16,256

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Anne Edwards, Psy.D. Alexandria, VA, USA

I realize that sharing your vulnerable struggles with a stranger can be challenging. I will first work to create a safe place where you feel comfortable opening up about sensitive concerns. I can help with individual, couples, and family therapy if you are 13 or older with a variety of concerns - anxiety, depression, adjustment difficulties, relationship concerns, and trauma. I also specialize in working with those with Eating Disorders, LGBTQ+ challenges, and parenting struggles. I am licensed to be able to see you in VA states through my current license (I provide telehealth services for non-residents as well as to maintain my licensure in VA).

Authority to Practice Interjurisdictional Telepsychology - Annual Renewal

Languages Served: English Other Languages Served: none Availability: Accepting New Patients

Email Address: dr.aledwards@raisemewell.com Phone Number: 703-509-6753

Website: <https://www.raiseyourwellness.com>

Areas of Specialty: Anxiety Disorders, Autism, Couples/Relationship, Death & Dying/End of Life Issues, Depressive & Bipolar Disorders, Divorce Adjustment, Eating Disorders, Evaluations - Pre Surgical, Family Therapy, Grief/Loss, LGBTQ+, Multicultural, Obsessive Compulsive Disorders, Personality Disorders, Phobias/Fears, PTSD/Trauma-Related Disorders, Seasonal Affective Disorder (SAD), Stress

Areas of Specialty- Other: Parenting Consultation

Ages Served: Adolescents: 13-18, Young Adults: 19-27, Adults: 28-64, Older Adults: 65+ Payment Option: Self Pay

Filters

Credentials

Search Credentials

- Authority to Practice Interjurisdictional Telepsychology
- Authority to Practice Interjurisdictional Telepsychology - Annual Renewal
- Temporary Authorization to Practice
- Temporary Authorization to Practice - Annual Renewal

Languages Served

- English
- Spanish
- Afrikaans
- American Sign Language (ASL)

Where can I find out more about PSYPACT?

Visit our Website:
www.psypact.gov



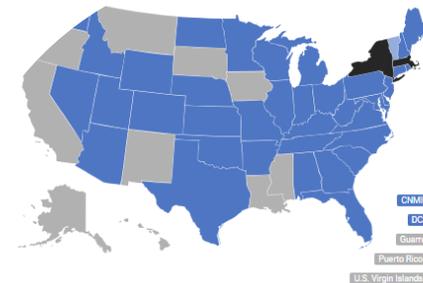
PSYPACT: ADVANCING THE INTERJURISDICTIONAL PRACTICE OF PSYCHOLOGY®

regulatory barriers. Increasing access to mental healthcare

APPLY FOR YOUR PSYPACT APPLICATION TODAY!

APPLICATION TO PRACTICE TELEPSYCHOLOGY UNDER PSYPACT, CI
APPLICATION TO PRACTICE TEMPORARILY UNDER PSYPACT C

Meeting	Location	Agenda
Commission	Zoom Teleconference	
Executive Board	Zoom Teleconference 1:00 PM to 4:00 PM Eastern Register HERE	
Rules Committee	Zoom Teleconference 1:00 PM to 2:30 PM Eastern Register HERE	
Training and Public Relations Committee	Zoom Teleconference 10:30 AM to 12:30 PM Eastern Register HERE	
Requirements Review Committee	Zoom Teleconference 4:00 PM to 5:30 PM Eastern Register HERE	
Finance Committee	Zoom Teleconference 12:30 PM to 2:30 PM Eastern Register HERE	Agenda
Training and Public Relations Committee	Zoom Teleconference 10:30 AM to 12:30 PM Eastern	Agenda
Elections Committee	Zoom Teleconference 1:00 PM to 2:00 PM Eastern	
Requirements Review Committee	Zoom Teleconference 11:30 AM - 12:30 PM Eastern	Agenda
Commission	Zoom Teleconference 11:00 AM - 12:00 PM Eastern	Agenda
Planning Workgroup	Zoom Teleconference 10:00 AM to 11:00 AM Eastern	
Advisive Board	Zoom Teleconference 11:00 AM - 4:00 PM Eastern	
Committee	Zoom Teleconference 12:30 PM to 2:00 PM Eastern	
	Zoom Teleconference 12:30 PM to 2:00 PM Eastern	
	Zoom Teleconference 10:30 AM to 12:30 PM Eastern	



Map Key

- PSYPACT Participating State
- Enacted PSYPACT Legislation - practice under PSYPACT not permitted
- PSYPACT Legislation introduced

Interjurisdictional Compact (PSYPACT®) is an interstate compact designed to facilitate the practice of telepsychology, face-to-face practice of psychology across state boundaries.

The PSYPACT Commission is the governing body of PSYPACT responsible for creating and finalizing the Bylaws and Rules and Regulations. The Commission is also responsible for granting psychologists the authority to practice telepsychology and temporary in-person, face-to-face practice of psychology across state boundaries.

Telepsychology In order to practice telepsychology in PSYPACT states, psychologists licensed in PSYPACT states only can apply to the PSYPACT Commission for an Authority to Practice Interjurisdictional Telepsychology (APIT™). One required component of this authority granted from the PSYPACT Commission is that psychologists must obtain an E.Passport Certificate from ASPPB. To learn more or to start an application, click [HERE](#).

Temporary Practice In order to conduct temporary practice in PSYPACT states, psychologists licensed in PSYPACT states only can apply to the PSYPACT Commission for a Temporary Authorization to Practice (TAP™). One required component of this authorization granted from the PSYPACT Commission is that psychologists must apply for and obtain an Interjurisdictional Practice Certificate (IPC) from ASPPB. To learn more or to start an application, click [HERE](#).

Providers are responsible for maintaining knowledge of and complying with each PSYPACT State's laws, rules, and regulations - for each PSYPACT state the provider is practicing into or out of.

Thank you &
Questions!

For further information please contact:

- Janet Orwig (janet.orwig@psypact.gov)
- Gina Polk (gina.polk@psypact.gov)
- Ashley Lucas (Ashley.lucas@psypact.gov)
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