

- Alpert, E., Hayes, A. M., Barnes, J. B., & Sloan, D. M. (2020). Predictors of Dropout in Cognitive Processing Therapy for PTSD: An Examination of Trauma Narrative Content. *Behavior Therapy, 51*(5), 774-788.
- Bellosta-Batalla, M., Blanco-Gandía, M. C., Rodríguez-Arias, M., Cebolla, A., Pérez-Blasco, J., & Moya-Albiol, L. (2020). Increased salivary oxytocin and empathy in students of clinical and health psychology after a mindfulness and compassion-based intervention. *Mindfulness, 1*-12.
- Cacioppo, J. T., Fowler, J. H., & Christakis, N. A. (2009). Alone in the crowd: the structure and spread of loneliness in a large social network. *Journal of Personality and Social Psychology, 97*(6), 977.
- Coan, J. A., Schaefer, H. S., & Davidson, R. J. (2006). Lending a hand: Social regulation of the neural response to threat. *Psychological Science, 17*(12), 1032–1039.
- Coghlan, A. (2013). Healthy living can turn our cells' clock back. *Health, 2935*
- Crespi, B. J. (2016). Oxytocin, testosterone, and human social cognition. *Biological Reviews, 91*(2), 390-408.
- Cuddy, A. J., Wilmuth, C. A., & Carney, D. R. (2012). The benefit of power posing before a high-stakes social evaluation. Harvard Business School Working Paper, No. 13-027, <http://nrs.harvard.edu/urn-3:HUL.InstRepos:9547823>
- Derrick, J. E., Gabriel, S., & Hugenberg, K. (2009). Social surrogacy: How favored television programs provide the experience of belonging. *Journal of Experimental Social Psychology 45*, 352–362
- Epel, E. S., & Lithgow, G. J. (2014). Stress biology and aging mechanisms: toward understanding the deep connection between adaptation to stress and longevity. *Journals of Gerontology Series A: Biomedical Sciences and Medical Sciences, 69*(Suppl_1), S10-S16.
- Friedmann, E., Thomas, S. A., Liu, F., Morton, P. G., Chapa, D., Gottlieb, S. S., & Sudden Cardiac Death in Heart Failure Trial (SCD-HeFT) Investigators. (2006). Relationship of depression, anxiety, and social isolation to chronic heart failure outpatient mortality. *American Heart Journal, 152*(5), 940-e1.
- Gabriel, S., Read, J. P., Young, A. F., Bachrach, R. L., & Troisi, J. D. (2017). Social surrogate use in those exposed to trauma: I get by with a little help from my (fictional) friends. *Journal of social and clinical psychology, 36*(1), 41-63.
- Hoffman, Y. S., Picho-Prelorentzos, S., Ring, L., & Ben-Ezra, M. (2019). “Spidey Can”: Preliminary Evidence Showing Arachnophobia Symptom Reduction Due to Superhero Movie Exposure. *Frontiers in psychiatry, 10*.
- Hsu, C. T., Conrad, M., & Jacobs, A. M. (2014). Fiction feelings in Harry Potter: Haemodynamic response in the mid-cingulate cortex correlates with immersive reading experience. *Neuroreport, 25*(17), 1356-1361.

- Lee, J. H., Jung, H. K., Lee, G. G., Kim, H. Y., Park, S. G., & Woo, S. C. (2013). Effect of behavioral intervention using smartphone application for preoperative anxiety in pediatric patients. *Korean journal of anesthesiology*, 65(6), 508.
- McPherson, J. (2012). Does narrative exposure therapy reduce PTSD in survivors of mass violence?. *Research on Social Work Practice*, 22(1), 29-42.
- Neuner, F., Schauer, M., Klaschik, C., Karunakara, U., & Elbert, T. (2004). A comparison of narrative exposure therapy, supportive counseling, and psychoeducation for treating posttraumatic stress disorder in an African refugee settlement. *Journal of consulting and clinical psychology*, 72(4), 579.
- Park, C. L., & Ai, A. L. (2006). Meaning making and growth: New directions for research on survivors of trauma. *Journal of Loss and Trauma*, 11(5), 389-407.
- Peña, J., & Chen, M. (2017). With great power comes great responsibility: Superhero primes and expansive poses influence prosocial behavior after a motion-controlled game task. *Computers in Human Behavior*, 76, 378-385.
- Rosenberg, R.S., Baughman, S.L., Bailenson, J.N., (2013). Virtual superheroes: Using superpowers in virtual reality to encourage prosocial behavior. *PLoS ONE* 8 (1), e55003.
- Stewart, S., Hansen, T. S., & Carey, T. A. (2010). Opportunities for people with disabilities in the virtual world of Second Life. *Rehabilitation Nursing*, 35(6), 254-259.
- Thompson, B. L., & Waltz, J. (2008). Self-compassion and PTSD symptom severity. *Journal of Traumatic Stress: Official Publication of The International Society for Traumatic Stress Studies*, 21(6), 556-558.
- Vezzali, L., Stathi, S., Giovannini, D., Capozza, D., & Trifiletti, E. (2015). The greatest magic of Harry Potter: Reducing prejudice. *Journal of Applied Social Psychology*, 45(2), 105-121.
- Wansink, B., Shimizu, M., & Camps, G. (2012). What would Batman eat?: Priming children to make healthier fast food choices. *Pediatric Obesity*, 7(2), 121-123.
- White, R. E., & Carlson, S. M. (2015). What would Batman do? Self-distancing improves executive function in young children. *Developmental Science*, 19 (3), 419-426.
- Xu, J., & Roberts, R. E. (2010). The power of positive emotions: It's a matter of life or death - Subjective well-being and longevity over 28 years in a general population. *Health Psychology*, 29(1), 9-19.