

**AN HALF DAY WORKSHOP  
(3 Continuing Education Credits in Ethics\*)**

**Saturday March 26, 2011  
10:00am - 1:00pm  
Registration at 9:30**

**By video-conference between  
University of Alaska Anchorage, SSB 302  
University of Alaska Fairbanks, Gruening 209**

# **THE ETHICS OF SEXUAL DILEMMAS IN THERAPY**

**Presented by**

*Susan LaGrande, PhD  
and  
Chris Reynolds LPC*

Sponsored by:

Alaska Psychological Association (AK-PA); UAA/UAF Departments of Psychology; and AASECT

AK-PA is approved by the American Psychological Association to offer continuing education programs for psychologists. AK-PA maintains responsibility for the program. **\*Three (3) continuing education credits will be available to participants who attend the entire workshop. This workshop is designed to meet requirements for professional Continuing Education in Ethics.**

## Workshop Description

This workshop offers three continuing education credits in ethics from both AK-PA (APA) and AASECT. It will explore ways to respond to ethical dilemmas when sexual concerns are presented by our clients. This workshop focuses on ethical issues that may arise unexpectedly and that test our professional and ethical practice. We focus on potential ethical issues that occur within the realm of sexual concerns. Sexual ethics have been explored throughout the years. Today our sexual rights as a society are quickly changing. As professionals we are challenged to keep pace with these changes. It is our intention that this workshop will inspire a practical and open dialogue on how to proceed in an ethical professional manner when our clients raise sexual concerns. It is our belief that it is in the open dialogue with colleagues that we can continue to address the rapidly shifting demands and concerns of our clients.

## Workshop Learning Objectives

1. Develop an awareness of fundamental ethical concerns in sex therapy.
2. Identify potential pitfalls that can lead to unethical conduct.
3. Identify typical justifications for unethical conduct.
4. Develop an understanding of providers' responsibilities when addressing sexual content in therapy related to diversity, competence, welfare of consumer and record keeping.
5. Develop a self care plan.

## Schedule

9:30am – 10:00am Registration  
10:00am – 1:00pm Workshop

## About the Speakers

**Susan LaGrande, Ph.D.** has been providing mental health services in Alaska since 1983. She is an AASECT (American Association of Sexuality Educators, Counselors, and Therapists) certified Sex Therapist and Section leader for that organization. She is a member of APA Divisions of Women and Psychology; and International Psychology. She is also a member of AASECT, The International Society for Study of Women's Sexual Health, and the Society of the Scientific Study of Sexuality. She has conducted numerous workshops in the area of Human Sexuality.

**Chris Reynolds, L.P.C.** works in private practice in Anchorage, Alaska, primarily in the areas of individual and couples therapy. He received his Master's degree from Alaska Pacific University with subsequent licensure as an LPC. Areas of particular interest include human sexuality, mindfulness based therapies, and dynamics of adult attachment. In addition to providing therapy, consulting, and assessment services, Chris is an adjunct professor at APU for the undergraduate and graduate psychology departments.

Alaska Psychological Association

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**PLEASE PRE-REGISTER AS SEATING IS LIMITED AT BOTH LOCATIONS**

For directions, Google:

Gruening Building, 314 Cooper Dr., University of Alaska Fairbanks

or

Social Sciences Building, 3190 Alumni Drive. University of Alaska Anchorage

**Fees and Registration**

\_\_\_ \$60 AK-PA Members

\_\_\_ \$80 Non AK-PA Members

\_\_\_ \$20 Students

Name: \_\_\_\_\_

Mailing address: \_\_\_\_\_

Contact phone and Email address: \_\_\_\_\_

**Payment:**

\_\_\_ Check (Made out to **AK-PA**)

\_\_\_ Credit Card (Visa or Mastercard only)

Card Number : \_\_\_\_\_

Expiration Date: \_\_\_\_\_

Signature: \_\_\_\_\_

**Please mail this form and payment to:**

**Alaska Psychological Association**

**P.O. Box 241292**

**Anchorage, Alaska 99524-1292**